



Sant Longowal Institute of Engineering & Technology

(Deemed University under MoE, Govt. of India),
Longowal-148106, District Sangrur (Punjab)

Ref. No. _____

Dated: _____

4.1.2

Auditoriums: Institute has one modern spacious auditorium having seating capacity of 1108 persons with audio-visual facilities. Apart from main auditorium, the Institute is also having a Mini Auditorium with a capacity of 120, and J C Boss Hall (ISTE Hall) with seating capacity of 400 persons, having all modern facilities to organize different cultural/academic/ social/ activities.

Open Air Stage: An open space with big size stage is available in front of Food & Chemical Block with a open ground, where different activities including Madhuram are organized.

Student Activity Centre and Indoor Games: The Institute has dedicated space for indoor facilities at for both boys and girls. Indoor sports rooms having 75 sqm (each) areas comprises of 2 TT Tables, 4 Carom boards, 1 Snooker board, and 8 Chess Boards are centrally placed at Students Activity Centre. It is also equipped with the provision of dedicated Music Room, Drama & Dance Room, and Art & Craft Room, along with Music and Art& Craft Teacher/Trainers. It also houses a big Yoga Room.

Moreover, separate rooms are also available in each Boys and Girls hostel wherein 1 TT Table, Carom and Chess facility (02) have been provided.

Indoor Badminton courts (02) with synthetic mat are also available.

Outdoor Games: The Institution has a big open multipurpose Sports Complex/Ground, of around 14,760 sqm, with 10 feet high wire mesh fence. Football, Handball ground with goalposts, Cricket pitch, Lawn Tennis (02), Basketball (02), and Volleyball grounds (03). Are available in the **Sports Complex with flood light facilities**, to enable its utilization during late evening/night.

In addition, a Stadium with Cricket Ground and 400-meter Track for Athletics and Track & Field events is available.

Further, each hostel has a Badminton Court. In addition Open Lawn Tennis Court (05), Basketball courts (02)-and Volleyball Courts (02) are also available in Hostels.

GYMNASIUM: One modern Gymnasium and one open-air Gymnasium with fully equipped weight loss machines are available helping our student to get fit as well as stay fit during. A permanent specialist gym trainer is available to encourage the students.

OPEN-GYM: The Institute has created Open Gym facilities at 08 (eight) locations, including Boys Hostel areas, Girls Hostel areas and Residential area. Open Gym has the facility of Leg Press, Triple Twister, Chest Press, Double Wheel Shoulder, Heavy duty Air Walker, Leg Press Rowing Machine, Elliptical Cross Trainer, and Parallel Bar.

SWIMMING POOL: The Institute is having a Swimming Pool of 360 Sq m area (L × B × D: 25 × 12 × 1.2 - 2.4 meter). The swimming pool facility is available for the students/ faculty/ staff throughout the week.

FACILITIES FOR CULTURAL ACTIVITIES: Besides the teaching-learning, the Institute has many opportunities and facilities for students to engage themselves in a multitude of Cultural/Extra-curricular

activities. In addition to **Annual Cultural Fest “Madhuram”**, cultural events are organized throughout the year such as Farewell & Fresher Parties at Department Level, Hostel Nights, Cultural Programs on National Festivals Republic Day and Independence Day, SPICMACAY etc.

Institute has ample space (both outdoor and indoor) for organizing various cultural activities.

Both indoor and outdoor facilities in the form of Main Auditorium, Mini Auditorium, J C Boss Hall, Open Air Theatre, and a multipurpose hall (MPH) is available to organize club activities.

YOGA: To build strength, awareness, and harmony in both human body and mind, ‘Yoga’ is encouraged by the Institute. A dedicated Yoga and PT Trainer/Coach (one each for boys and girls) to practice Yoga and PT is available in the institute. Yoga/PT and Meditation are the part of Orientation Program of newly admitted students. Institute also celebrates ‘International Yoga Day’ annually to inculcate the yoga culture in faculty, staff and students. PT is made mandatory for 1st Year students, to inculcate physical fitness.

GAMES AND SPORTS:

The **Department of Sports**, located at **Student Activity Centre**, look after games and sports activities, which are a vital and integral part of student life on campus. A dedicated **Senior Physical Instructor (SPI)**, one **Female Physical Instructor (PI)** supported by Swimming Coach, Volleyball Coach, Athletics Coach, Yoga and PT Coach, Badminton Coach, Music Trainer, Arts & Craft Trainer is there to look after the sports and games among students. The facilities, provided by the Institute, to promote interest in sports include:

Sports Facilities for Girls:

Separate Basketball, Volleyball and Badminton Courts are available in Girls Hostel premise with flood light facility, to encourage them for sportsman spirit, team spirit and fitness.

Sports Materials:

Institute give special emphasis for procurement, timely availability and distribution of sports materials among students. Separate budget is allotted to sports department.

It is accommodated with modern equipment like Treadmills (02), Cross Trainer (02), 5 Station Multi Gym (01), Recumbent Bike (02), Leg Press (02), Twister (02), Abdominal Exercise Machine (02), Hack Squat (1), 16 station exercise unit etc.

[Sports Facilities \(sliet.ac.in\)](http://sliet.ac.in)

(Director, SLIET)

YOGA



Celebration of International Yoga Day - 2022



Celebration of International Yoga Day (21st June 2019)

GAMES AND SPORTS (INDOOR & OUTDOOR)

List of Sport Facilities available in Campus :-

- Basket Ball Court
- Badminton Court
- Indoor Games Room
- Football Ground
- Swimming Pool
- Gym
- Taekwondo
- Gatka
- Squash
- Cricket
- Volleyball Court
- Table Tennis




BASKET BALL COURT

There are 02 cemented flood lit basketball courts in Sports Complex along with 01 court in Girls Hostel and 01 in Boys Hostel.





 **GPS Map Camera**

Sangrur, Punjab, India

6M8W+FJV, Campus Rd, Punjab 148106, India

Lat 30.216391°

Long 75.69581°

06/10/22 11:38 AM GMT +05:30



BADMINTON COURT

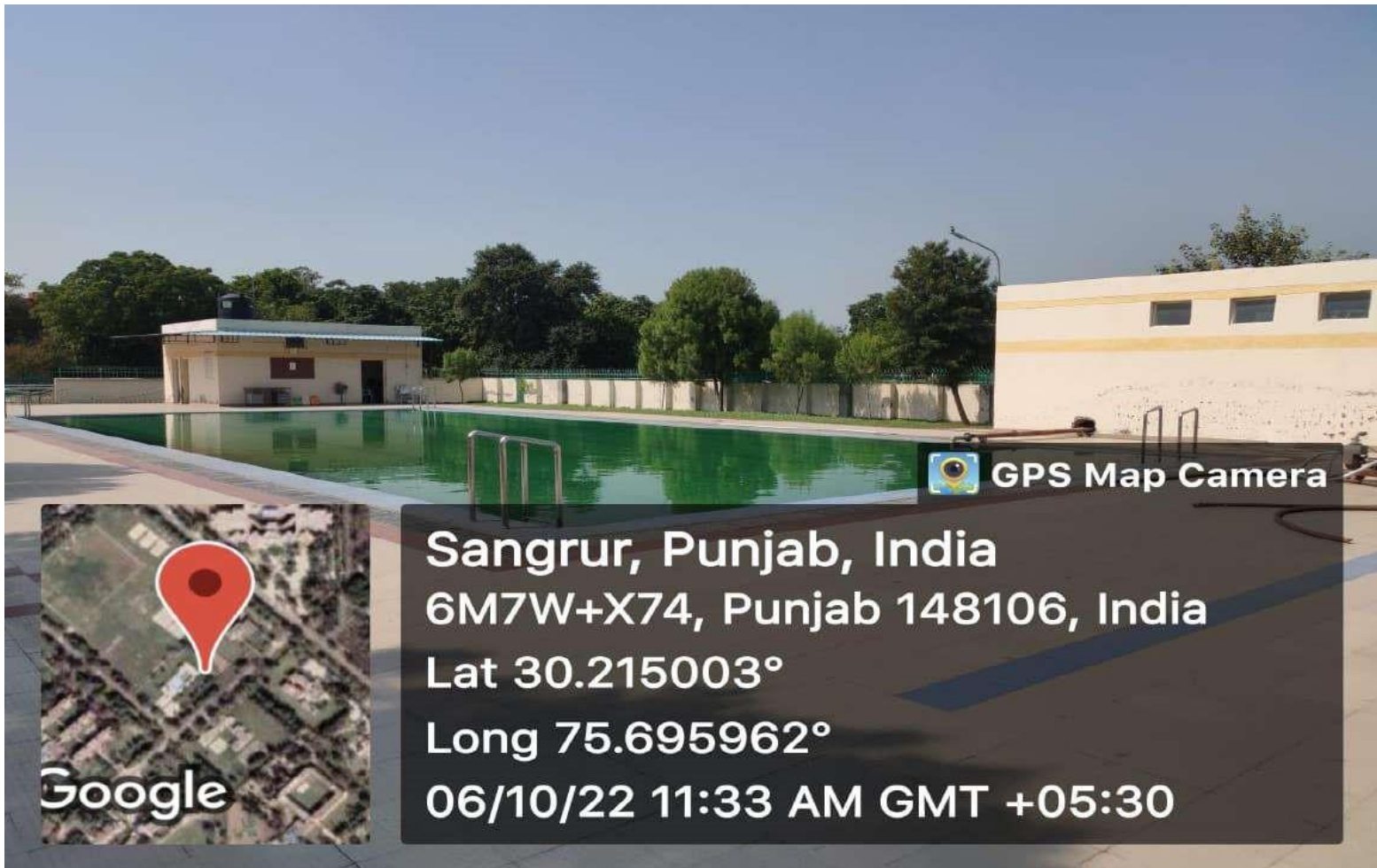
There are 02 cemented badminton courts in faculty club along with 01 each court in all 10 Boys Hostels and 03 in Girls Hostels. One indoor badminton court with synthetic mat.




SWIMMING POOL

25 mtrs Swimming Pool is available for students.





 GPS Map Camera

Sangrur, Punjab, India
6M7W+X74, Punjab 148106, India
Lat 30.215003°
Long 75.695962°
06/10/22 11:33 AM GMT +05:30




TAEKWONDO

Taekwondo playing facility equipped with mats is available in Student Activity Center.





 **GPS Map Camera**



Sangrur, Punjab, India

Student Activity Centre, Campus Rd, Punjab

148106, India

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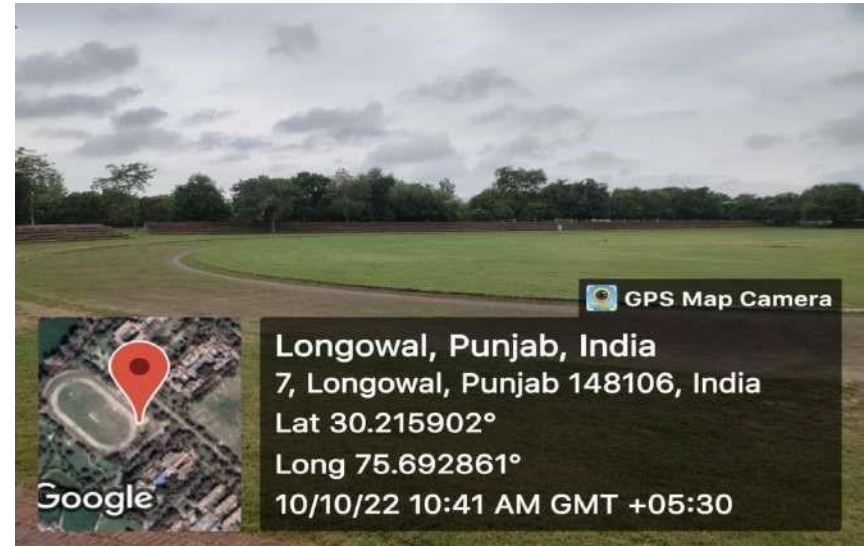
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ATHLETICS STADIUM

400 MTS RUNNING CINDER TRACK IS AVAILABLE IN STADIUM.



HOCKEY STADIUM



GPS Map Camera

Sangrur, Punjab, India

6M8W+6GQ, Campus Rd, Sangrur, Punjab

148106, India

Lat 30.216014°

Long 75.695314°

10/10/22 10:34 AM GMT +05:30

Google



LAWN TENNIS

There are 02 concrete flood lit tennis courts in in Sports Complex along with 01 in girls hostel and 01 in Faculty club.



 **GPS Map Camera**



Sangrur, Punjab, India

6M8W+6GQ, Campus Rd, Sangrur, Punjab

148106, India

Lat 30.215846°

Long 75.695968°

06/10/22 11:41 AM GMT +05:30



VOLLEYBALL

There are 03 flood lit volleyball courts in Sports Complex along with 02 in girls hostel and 03 in boys hostels.



INDOOR GAMES ROOM

Facilities for indoor games like chess, carom is available in Student Activity Center, Boys Hostels and Girls Hostel.





SQUASH AND TT ROOM IN SAC

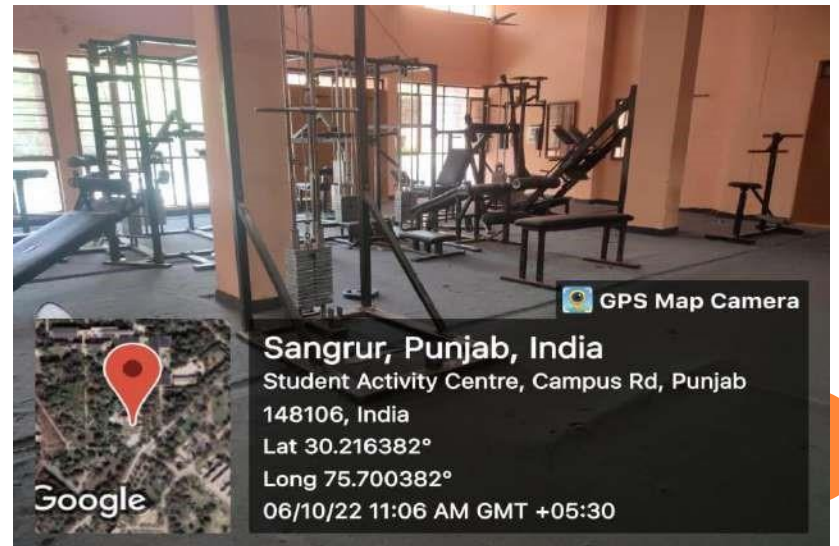
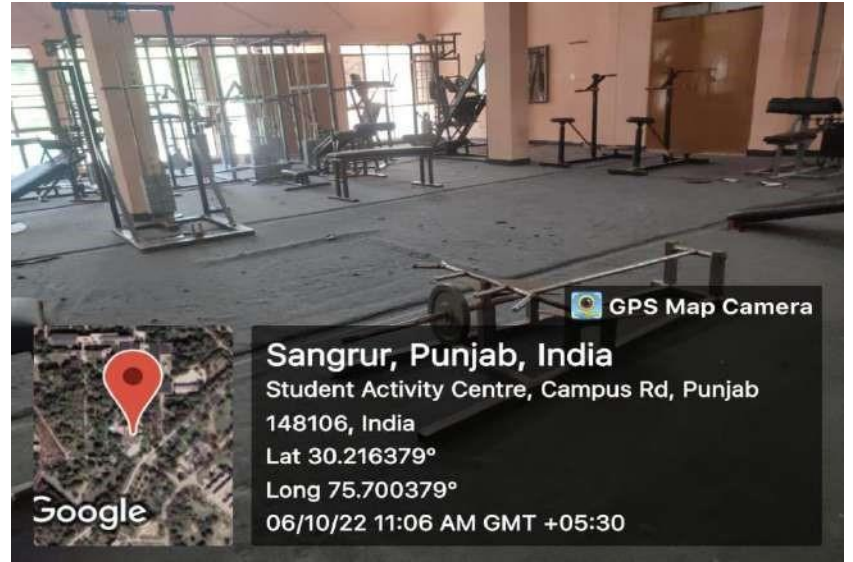


FOOTBALL GROUND

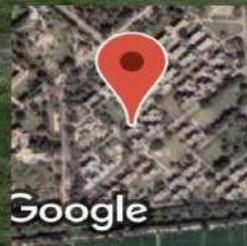
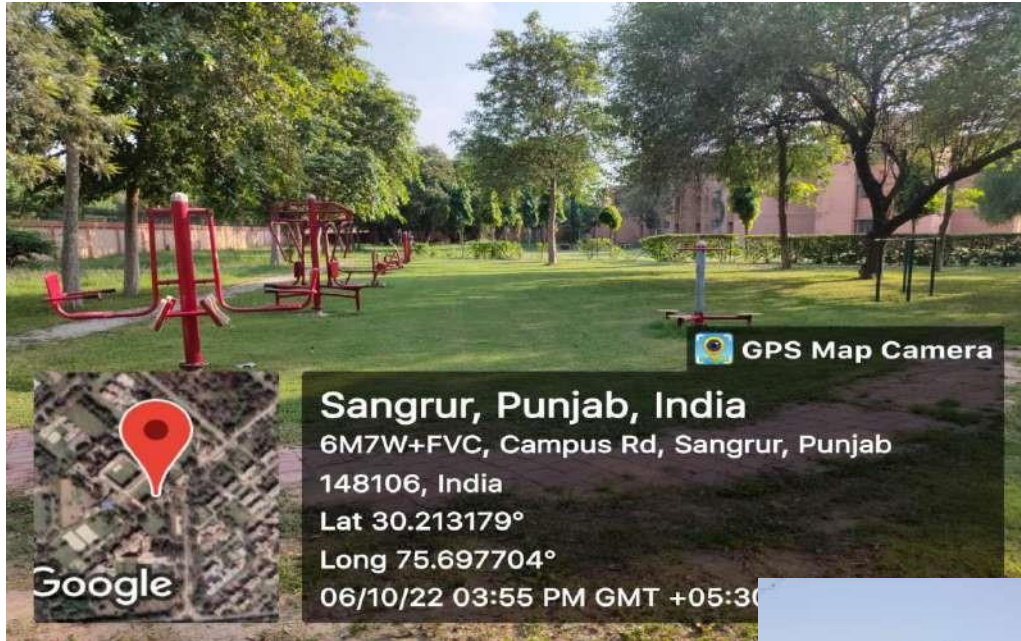
01 Football ground is available in Sports Complex.



GYMNASIUM



OPEN GYM



OPEN GYM



AUDITORIUM



 GPS Map Camera



Sangrur, Punjab, India
Administrative Block, Campus Rd,
Punjab 148106, India
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Long 75.699609°
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AUDITORIUM



 GPS Map Camera



Sangrur, Punjab, India

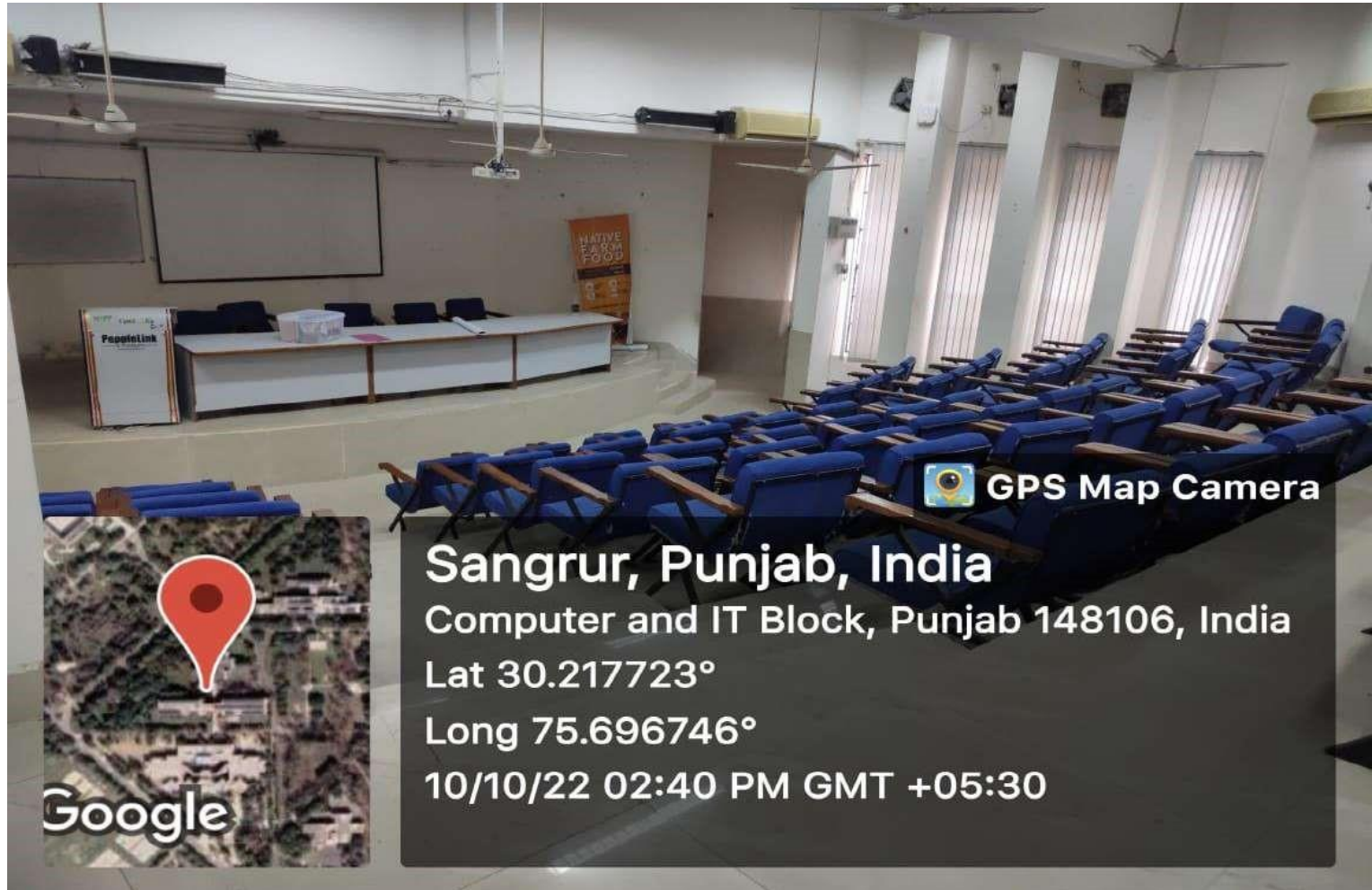
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India


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MINI AUDITORIUM (CSE DEPTT.)



 GPS Map Camera

Sangrur, Punjab, India

Computer and IT Block, Punjab 148106, India

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Long 75.696746°

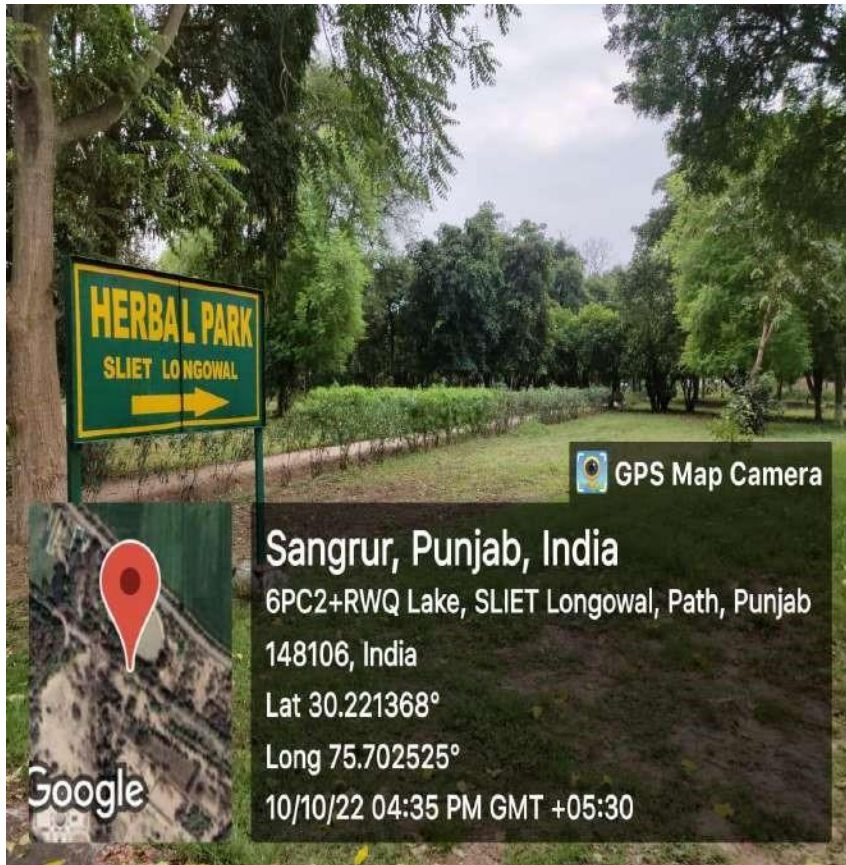
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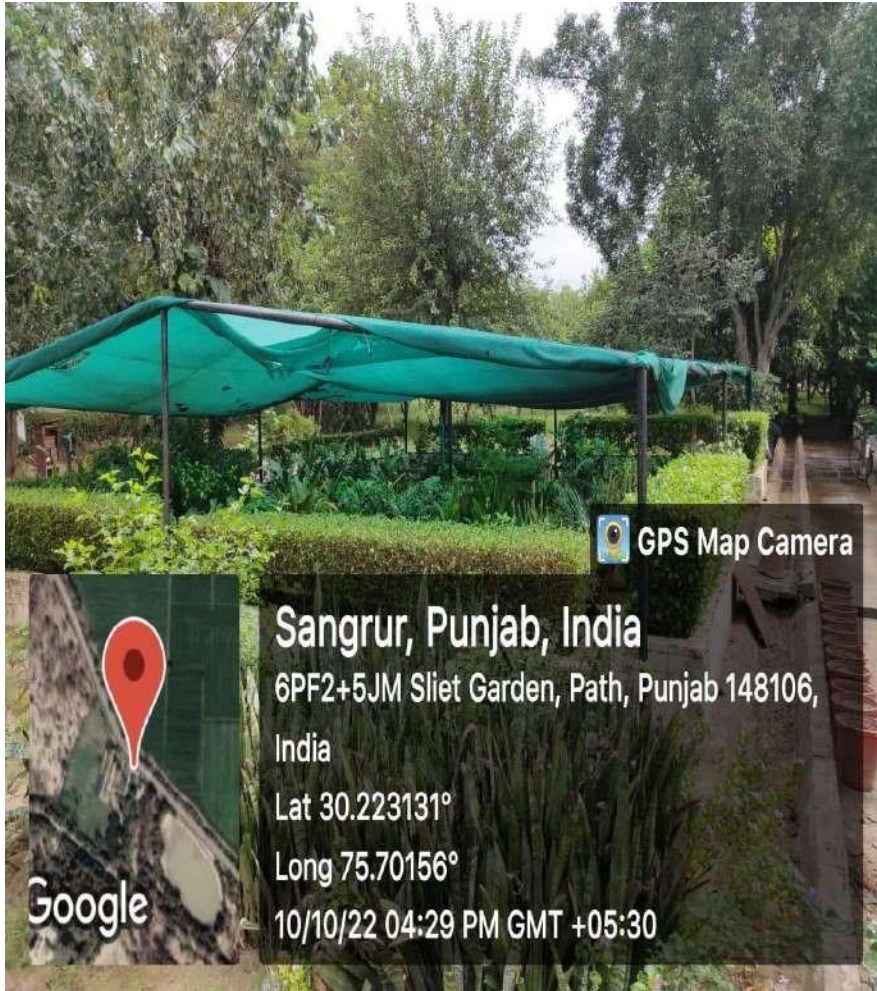
SEMINAR HALL (FET & MECH BLOCK)



HERBAL PARK

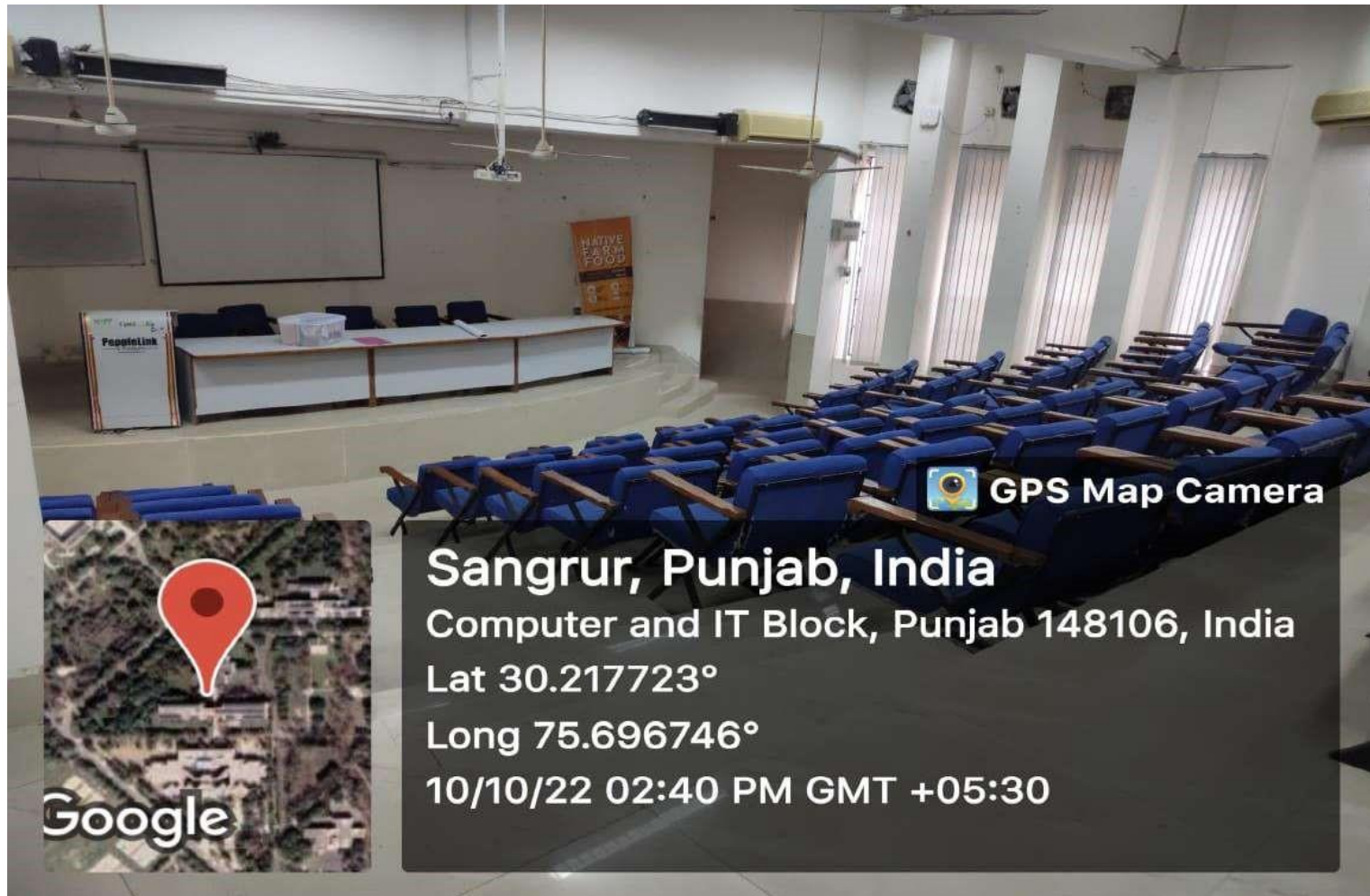


NURSERY



MINI AUDITORIUM (CSE DEPTT.)





 **GPS Map Camera**

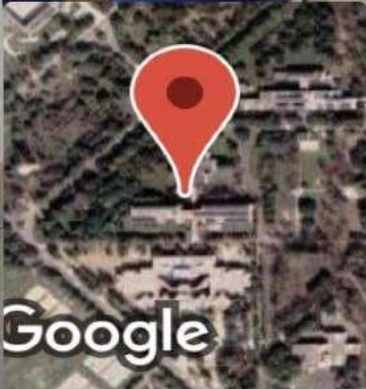
Sangrur, Punjab, India

Computer and IT Block, Punjab 148106, India

Lat 30.217723°

Long 75.696746°

10/10/22 02:40 PM GMT +05:30



SEMINAR HALL (FET & MECH BLOCK)

